

## REVISED SESSION TIMES FROM 01/01/2007

	PRE-SQD	SQD 3	SQD 2	SQD 1L	SQD 1U	CLUB	TOP
<b>MONDAY (AM)</b>				0630-0730*	0630-0730*		0630-0730*
<b>MONDAY</b>	1800-1900	1800-1900	1800-1900				1800-1900
<b>TUESDAY</b>				1800-1900	1830-2000	1900-2000	1800-2000
<b>WEDNESDAY</b>		1745-1830	1745-1830	1830-1930	1745-1930		1745-1930
<b>THURSDAY</b>	1830-1930			1830-1930	1930-2030	1930-2030	1830-2030
<b>FRIDAY (AM)</b>				0630-0730*	0630-0730*		0630-0730*
<b>FRIDAY</b>	1700-1800	1700-1800	1700-1800	1800-1900	1800-1900		1730-1900
<b>SATURDAY</b>		0800-0900	0800-0900			0800-0900	

\* denotes Open swimmers only