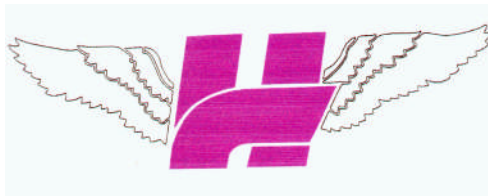


Hertsmere Flyers Swimming Club



affiliated to East District ASA

HERTSMERE FLYERS AWARDS

Awards are presented once a year at the club championships.

The coach's awards are decided by the coach and are at the coach's total discretion, performance and training commitment are taken into consideration.

They are:

Best Improvers - boy & girl – typically the recipients will be from the lower squads

Best Bagcat - boy & girl – girls up to the age of 13 and boys up to the age of 14

Best Youth – boy & girl - girls 14 and over and boys 15 and over

Best Overall Swimmer - could be from any group and would typically be someone who has competed outstandingly throughout the year, given a commitment to training and been a good ambassador for the Club.

High Points

Points are awarded for each competitive swim or time trial throughout the year as follows:

Place points – 6 for 1st, 5 for 2nd and so on to 1 for a 6th place

Personal best swims: every time a swimmer achieves a personal best they are awarded 5 points.

Club records and junior records: every time a swimmer swims a club or junior record time they are awarded 10 points.

Awards are given to the top 3 swimmers

Best Girl and Boy in Major & Peanut League

In order to determine this award the High Points awarded to the swimmers in the 3 galas in each league are used.

In the interests of fairness the cumulative total of the best 2 swims by each swimmer in each round are taken (this means that swimmers who are only eligible to swim in one age group are not penalised).

In addition to this, points will be deducted for a disqualification. – 5 points will be deducted for an individual disqualification and 10 points for a disqualification in a relay.

If a swimmer is unable to compete for reasons of sickness, etc or because they are representing the Club at a higher graded gala an allowance will be made (this allowance will be the average of the points from the other 2 galas)